

SUNDAY

- 8:30 a.m. KEEP IT SIMPLE** (Closed, SS)
Mt Sinai Holy Church,
301 S. Swain St., Raleigh
- 10:00 a.m. CAME TO BELIEVE** (Sp, D)
YWCA, 554 E. Hargett St., Raleigh
- 4:00 p.m. SPIRITUALLY HIGH** (SS, TS, Sp, JFT)
Church of God of Prophecy
1200 S. State St., Raleigh
- OUT OF THE FOREST** (SS, Sp)
WAC Building, 502 S. White St., Wake Forest
- 7:00 p.m. I CAN'T WE CAN** (D, L)
St. James United Methodist Church
3808 St. James Church Rd., Raleigh
- 7:30 p.m. ONE DAY AT A TIME** (Sp)
1420 S. Wilmington St., Raleigh
- 8:00 p.m. NA WAY** (D, BT, Sp, SS, TS, JFT)
Fairmont United Methodist Church
2501 Clark Ave., Raleigh

MONDAY

- 8:00 a.m. SERENITY IN THE MORNING** (SS, TS)
124 Salisbury St., Raleigh
- CIRCLE OF HOPE** (D)
Homeless Shelter
342 McDonald St., Rocky Mount
- 9:30 a.m. A NEW BEGINNING** (BT, SS, TS, D)
Branch Street Safety Club
513 Branch St., Raleigh
- 12 noon NA AT NOON** (TS)
New Community Church
9621 Six Forks Rd., Raleigh
- OUT TO LUNCH** (JFT)
Fairmont United Methodist Church
2501 Clark Ave., Raleigh
- 6:00 p.m. SOUTHSIDE RECOVERY**(D)
Tupper Memorial Church
501 S. Blount St., Raleigh
- CONSTANTLY SEARCHING** (BT, Sp)
First Baptist Church, Family Life Center
109 S. Wilmington St., Raleigh
- 6:30 p.m. PHOENIX** (Closed, SS, TS, RR, Sp, D)
New Community Church
9621 Six Forks Rd., Raleigh
- 7:00 p.m. PRINCIPLES & TRADITIONS**
(Closed, HW, SS, JFT, T, Sp)
Milner Presbyterian Church
1950 New Bern Ave., Raleigh
- 8:00 p.m. SERENITY SEEKERS** (HW)
Stanley White Presbyterian Church
601 Ashton St., Roanoke Rapids
- LUNATIC FRINGE** (IP, D)
St. Giles Presbyterian Church
5105 Oak Park Rd., Raleigh
- MIRACLES IN PROGRESS** (BT, D, IP)
Wakefield Central Baptist Church,
308 Proctor St., Zebulon

TUESDAY

- 8:00 a.m. SERENITY IN THE MORNING** (SS, TS)
124 Salisbury St., Raleigh
- CIRCLE OF HOPE** (D)
Homeless Shelter
342 McDonald St., Rocky Mount
- 9:30 a.m. A NEW BEGINNING** (BT, SS, TS, D)
Branch Street Safety Club
513 Branch St., Raleigh
- 12 noon NA AT NOON** (JFT)
New Community Church
9621 Six Forks Rd., Raleigh
- OUT TO LUNCH** (SS)
Fairmont United Methodist Church
2501 Clark Ave., Raleigh
- 6:30 p.m. LIVING BY THE BOOK**
(BT, Sp, SWG, BT, D)
St. John's AME Church
3001 Tryon Road, Raleigh
- 7:00 p.m. PRINCIPLES B4 PERSONALITIES**
(T, Sp, SS, TS, JFT) St. Ambrose Church
813 Darby Dr., Raleigh
- BELIEVE IT OR NOT (SWG, Sp)**
Wesley United Methodist Church
714 E. Whitaker Mill Rd, Raleigh
- CIRCLE OF HOPE** (Sp)
Homeless Shelter
342 McDonald St., Rocky Mount
- EXPECT A MIRACLE** (D)
First Alliance Church
4400 Buffalo Road, Raleigh
- 7:30 p.m. SPIRITUAL CHANGE** (D)
First United Methodist Church
205 Tarboro St., Wilson
- WAY TO GROW** (L)
Knightdale United Methodist
7071 Forestville Rd., Knightdale
- 8:00 p.m. NEW WAY OF LIFE II** (V)
Fuquay-Varina Presbyterian Church
307 N. Ennis St., Fuquay-Varina
- TUESDAY NIGHT LIVE** (Sp, D)
Greenwood Forest Baptist Church
110 S.E. Maynard Rd., Cary

WEDNESDAY

- 8:00 a.m. SERENITY IN THE MORNING** (SS, TS)
124 Salisbury St., Raleigh
- CIRCLE OF HOPE** (D)
Homeless Shelter
342 McDonald St., Rocky Mount
- 9:30 a.m. A NEW BEGINNING** (BT, SS, TS, D)
Branch Street Safety Club
513 Branch St., Raleigh
- 12 noon NA AT NOON** (IP)
New Community Church
9621 Six Forks Rd., Raleigh
- OUT TO LUNCH** (IP)
Fairmont United Methodist Church
2501 Clark Ave., Raleigh

- 4:00 p.m. CHOICES IN THE AFTERNOON** (Closed, D)
Family Legacy Agency
2533 Atlantic Ave., Ste. 102, Raleigh
- 6:00 p.m. SOUTHSIDE RECOVERY** (D)
Tupper Memorial Church
501 S. Blount St., Raleigh
- 7:00 p.m. GROW UP OR DIE** (V, L)
WAC Bldg., 502 S. White Street, Wake Forest
- OUR COMMON WELFARE**
(SS, D, TS, IP, Sp) Gay, Lesbian, Bisexual
St. Johns Metropolitan Community Church
805 Glenwood Ave., Raleigh
- 7:30 p.m. PRIMARY PURPOSE** (Closed, HW)
United Methodist Church
300 Powell Dr., Raleigh
Education bldg. at rear of church
Park in gravel lot, DOORS LOCK at 7:35pm
- 8:00 p.m. MAN UP** (Closed, Men's issues)
Grace AME Zion Church
1401 Boyer St., Raleigh
- SERENITY SEEKERS** (D)
Stanley White Presbyterian Church
601 Ashton St., Roanoke Rapids
- COURAGE TO CHANGE** (V, CL)
Nashville United Methodist Church
209 E. Washington Dr., Nashville
- THE SEEKERS** (BT)
Community Service Center
401 E. Whitaker Mill Rd., Raleigh

THURSDAY

- 8:00 a.m. SERENITY IN THE MORNING** (SS; TS)
124 Salisbury St., Raleigh
- CIRCLE OF HOPE** (D)
Homeless Shelter
342 McDonald St., Rocky Mount
- 9:30 a.m. A NEW BEGINNING** (BT, SS, TS, D)
Branch Street Safety Club
513 Branch St., Raleigh
- 12 noon NA AT NOON** (JFT)
New Community Church
9621 Six Forks Rd., Raleigh
- OUT TO LUNCH** (TS)
Fairmont United Methodist Church,
2501 Clark Ave., Raleigh
- 6:00 p.m. WOMEN WORKING STEPS DO RECOVER**
(Closed, Women's issues, BT, HW)
Grace AME Zion Church
1401 Boyer St., Raleigh
- 6:30 p.m. BASIC TEXT STUDY** (D)
The Glorious Church
725 Glascock St., Raleigh
- 7:00 p.m. I CAN'T WE CAN** (D, Sp)
St. James United Methodist Church
3808 St. James Church Rd., Raleigh
- SWEET SERENITY** (L, V)
Pilot Church, 8103 Hwy. 39, Zebulon

- 7:30 p.m. LET THE HEALING BEGIN**
(JFT, SS, D, BT) The Healing Place
of Wake County - Women's Facility
3304 Glen Royal Rd., Raleigh
- SPIRITUAL CHANGE** (D)
First United Methodist Church
205 Tarboro St., Wilson
- WAY TO GROW** (T, Sp)
Knightdale United Methodist
7071 Forestville Rd., Knightdale
- 8:00 p.m. RECOVERY ROAD** (D)
Sunset Church of God
1709 Anaconda Road, Tarboro
- FREEDOM THROUGH RECOVERY**
(Closed, D, CL) Greenwood Forest Baptist
Church, 110 S.E. Maynard Rd., Cary
- IN FROM THE STORM** (Sp, IP, BT)
The Healing Place of Wake County
1251 Goode St., Raleigh
- WELCOME HOME**
(Closed, D, SS, TS, Sp, T)
Grace Lutheran Church
5010 Six Forks Rd., Raleigh

FRIDAY

- 8:00 a.m. SERENITY IN THE MORNING** (SS, TS)
124 Salisbury St., Raleigh
- CIRCLE OF HOPE** (D)
Homeless Shelter
342 McDonald St., Rocky Mount
- 9:30 a.m. A NEW BEGINNING** (BT, SS, TS, D)
Branch Street Safety Club
513 Branch St., Raleigh
- 12 noon NA AT NOON** (SS)
New Community Church
9621 Six Forks Rd., Raleigh
- OUT TO LUNCH** (D)
Fairmont United Methodist Church
2501 Clark Ave., Raleigh
- 7:00 p.m. NEW WAY OF LIFE II** (V)
Fuquay-Varina Presbyterian Church
307 N. Ennis St., Fuquay-Varina
- NEVER ALONE NEVER AGAIN** (D)
Faith Baptist Church
1004 U.S. 64 W., Apex
- CIRCLE OF HOPE** (D)
Homeless Shelter
342 McDonald St., Rocky Mount
- RECOVERY IN THE HOOD**
(Closed, D, BT)
The Healing Place of Wake County
1251 Goode St., Raleigh
- SOUTHSIDE RECOVERY** (D)
Tupper Memorial Church
501 S. Blount St., Raleigh
- 8:00 p.m. NEW HORIZONS** (Closed, T, Sp, D)
Millbrook United Methodist Church
1712 E. Millbrook Rd., Raleigh

- 8:00 p.m. WAY TO GROW (T)**
Knightdale United Methodist
7071 Forestville Rd., Knightdale
- 8:30 p.m. WHY ARE WE HERE (V)**
Lennox Chase Apartments
2534 Lake Wheeler Rd, Raleigh
- 10:30 p.m. CANDLELIGHT RECOVERY (CL, HW)**
Fairmont United Methodist Church
2501 Clark Ave., Raleigh, NC
Up fire escape - 2nd floor

SATURDAY

- 9:00 a.m. PEACE IN THE AM (Closed, SS, TS, HW)**
Mt. Peace Baptist Church
1601 Martin Luther King Blvd., Raleigh
- 11:00 a.m. WOMEN IN RECOVERY**
(Closed, Women's issues)
Branch Street Safety Club
513 Branch St., Raleigh
- 12 noon NA AT NOON (SS, WA)**
New Community Church
9621 Six Forks Rd., Raleigh
- 1:00 p.m. NA ND PM (BT, Sp)**
124 Salisbury St., Raleigh
- 5:30 p.m. WE DO RECOVER (Sp, D, SS, JFT)**
Lincoln Park Holiness Church
13 Heath St., Raleigh
(White building across Cross St.,
beside auto body shop.)
- 6:00 p.m. SATURDAY NIGHT MIRACLES**
(IP, L, Sp)
Coastal Plain Hospital
2301 Medpark Dr., Rocky Mount
- 6:30 p.m. REDISCOVERY THRU RECOVERY (D)**
The Camel Club
4015 Spring Forest Rd., Raleigh
- 7:30 p.m. ONE DAY AT A TIME (L)**
S. Wilmington Street Center
1420 S. Wilmington St., Raleigh
- 8:00 p.m. SERENITY SEEKERS (T)**
Stanley White Presbyterian Church
601 Ashton St., Roanoke Rapids
- DAILY REPRIEVE (SS, TS, T, D, Sp)**
Hilyer Memorial Church
718 Hillsborough St., Raleigh, NC
- 8:30 p.m. YOUNG CONNECTIONS TO RECOVERY**
(D) New Community Church
9621 Six Forks Rd., Raleigh, NC

Area Service Committee

Open to NA members only. ASC meets at Fairmont United Methodist Church, 2501 Clark Ave. in Raleigh, at 2 p.m. the first Sunday of each month. If that weekend has a holiday, the meeting will be held the second Sunday.

Subcommittee Schedule

All Subcommittees meet before the ASC: Convention, H&I, P.I., and Policy - 12:30 p.m.; Outreach - 1:00 p.m.; GSR orientation provided by Outreach at 1:30 p.m.

What is the Narcotics Anonymous Program?

"NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work."

— Basic Text, page 9

Key to Meeting Formats

Meetings open to all interested in NA, unless designated as "Closed."

Closed Only for addicts. Or, those who think they may have a problem with drugs.

BT Basic Text Study

CL Candlelight meeting

D Discussion meeting

IP Informational Pamphlet study

HW It Works, How and Why study

JFT Just for Today daily meditation study

L Literature Study

RR Round Robin

Sp Speaker Meeting

SS Step study

T Topic

TS Tradition study meeting

V Various formats

SWG Step Working Guide

SUGGESTIONS

Make 90 meetings in 90 days.
Get a sponsor.
Choose a home group and join it.
Get phone numbers and reach out.
Come early and stay late.
Avoid cross talk and advice giving.
Keep coming back. It works.
Don't use – NO MATTER WHAT!

Names and numbers:

Surrounding NA Service Areas

Crossroads: 800-372-5447

Angier, Benson, Clayton, Dunn
Lillington, Selma, Smithfield

New Hope: 919-831-5321

Chapel Hill, Durham, Henderson, Hillsborough
Norlina, Oxford, Pittsboro, Roxboro

Greater Sandhills: 866-418-9500

Cameron, Carthage, Elizabethtown, Fayetteville
Lumberton, Pembroke, Pinehurst, Rockingham
Sanford, Southern Pines, Whiteville

Greensboro: 800-721-8225

Burlington, Graham, Greensboro, High Point, Thomasville

NA literature may be obtained from:

Carolina Region Service Office

www.crna.org

2140 Carolina Place Drive
Fort Mill, SC 29708
(803) 802-5034, (803) 802-5269 (fax)

Information line

888-370-6262

NA World Services

www.na.org

P.O. Box 9999
Van Nuys, CA 91409-9099
818-773-9999

Capital Area North Carolina Narcotics Anonymous



Meeting Directory

*"... an addict, any addict,
can stop using drugs,
lose the desire to use,
and find a new way to live."*

— Basic Text, page 68

Toll-free Information:

877-590-6262

www.capitalareancna.com

P.O. Box 10953
Raleigh, NC 27605-0953

Apex, Cary, Fuquay-Varina
Knightdale, Nashville, Raleigh
Roanoke Rapids, Rocky Mount
Tarboro, Wake Forest, Wilson, Zebulon

Summer 2011