

Weekly Web-Blast



Area Service News:

Our Area service committee and sub-committees will meet on Sunday February 6, 2011. sub-committees at 12:30 and ASC at 2:00 pm.

All the Area Sub-committees are accepting members and would love to have your support, please give back some of your time to help someone new. Our primary Purpose is to carry the message and we need your help.

A Printable copy of this newsletter is now available on the web-site, see area newsletter tab on the left side of the page.

Do you like the web-blast, do you know others that may benefit from the information provided here, then ask them to sign up! It easy just email admin@capitalareancna.com with your email and we will add you to the distribution list. You can also fill out a contact card on the web-site.

H&I has some great opportunities available to serve. There are positions on most of the panels and even opportunities to lead a panel, please attend the area H&I sub-committee meeting for more information

The new meeting schedules are updated and available on-line at the Capital Area Web-site. The web-site meeting list includes maps to the meetings. In order to have your meeting listed you must come to the area and make a formal request. If you're a new group come to area and see how we can serve your needs.

Outreach is working hard to help your group, they offer GSR orientations for all GSR's, not just new ones, at 1:15 each month at their sub-committee meeting.

Activities Committee is looking forward to the upcoming Area Anniversary on January 29th, 2010

Support our Meetings: These groups are seeking support

Let the healing begin **New Horizons Group (Raleigh)**

We Do Recover Group **Living by the Book**

Constantly Searching **Out of the Forest**



1-25-2011



Highlights to this week in the capital area:

- Capital Area Anniversary. Is this Saturday Night. Come out for Food, Fun and Fellowship. This is a free event and all are welcome. January 29, 2011. 7-10 pm. Fairmont UMC, Raleigh NC .
- Please support the struggling groups. If your group needs support, contact the web-chair and we will add you to the Support our Meetings section on the left margin of this newsletter. Email here admin@capitalareancna.com

Beyond this week:

- IF your group has an unexpected change, please let us pass that information to members with a web-blast. Email details to admin@capitalareancna.com
- *The convention Committees planned Super Bowl party for February 6th, 2011. Has been Canceled. No further details have been provided.*

To have an event listed simply email the information to admin@capitalareancna.com

Our Area Has a Calendar on Its Web-Site

www.capitalareancna.com/Events

