

## Weekly Web-Blast



1-3-2011



### Area Service News:

Our Area service committee and sub-committees will meet on Sunday January 9th, 2011. sub-committees at 12:30 and ASC at 2:00 pm.

All the Area Sub-committees are accepting members and would love to have your support, please give back some of your time to help someone new. Our primary Purpose is to carry the message and we need your help.

A Printable copy of this newsletter is now available on the web-site, see area newsletter tab on the left side of the page.

Do you like the web-blast, do you know others that may benefit from the information provided here, then ask them to sign up! It easy just email [admin@capitalareancna.com](mailto:admin@capitalareancna.com) with your email and we will add you to the distribution list. You can also fill out a contact card on the web-site.

**H&I** has some great opportunities available to serve. There are positions on most of the panels and even opportunities to lead a panel, please attend the area H&I sub-committee meeting for more information

The new meeting schedules are updated and available on-line at the Capital Area Web-site. The web-site meeting list includes maps to the meetings. In order to have your meeting listed you must come to the area and make a formal request. If you're a new group come to area and see how we can serve your needs.

**Outreach** is working hard to help your group, they offer GSR orientations for all GSR's, not just new ones, at 1:15 each month at their sub-committee meeting.

**Activities Committee** is looking forward to the upcoming Area Anniversary on January 29th, 2010

### Support our Meetings:

**Let the healing begin** group is asking for support.

**We Do Recover Group** will be holding their meetings in "White Building across Cross St. Next to auto body shop".

**Constantly Searching** group is resumed and asking for support.

To have an event listed simply email the information to [admin@capitalareancna.com](mailto:admin@capitalareancna.com)

### Highlights to this week in the capital area:

- Women in recovery group will have a temporary schedule change for there Saturday meeting, the weeks of January 8th and 15th. The groups normal meeting time of 11am will be moved to 3:30pm. Normal hours will resume on January 22, 2011.
- Area Service Committee will meet this Sunday @ 2:00 pm with subcommittees meeting at 12:30.

### Beyond this week:

- IF your group has an unexpected change, please let us pass that information to members with a web-blast. Email details to [admin@capitalareancna.com](mailto:admin@capitalareancna.com)
- Never Alone Never Again Anniversary. January 14th, 2011. 6-8pm at Faith Baptist church in Apex NC.
- Convention Committee Speaker Jam. January 15, 2011.
- *Women in Recovery group Speaker Jam. January 22, 2011. 6-11 pm. 513 Branch Street in Raleigh NC. This event had been postponed, more details to follow.*
- Capital Area Anniversary. January 29, 2011. 7-10 pm. Fairmont UMC, Raleigh NC

### Our Area Has a Calendar on Its Web-Site

[www.capitalareancna.com/Events](http://www.capitalareancna.com/Events)