

Carrying The Message of Hope, One blast at a time!

Weekly Web-Blast



1-31-2011



Area Service News:

Our Area service committee and sub-committees will meet on Sunday February 6, 2011. sub-committees at 12:30 and ASC at 2:00 pm.

All the Area Sub-committees are accepting members and would love to have your support, please give back some of your time to help someone new. Our primary Purpose is to carry the message and we need your help.

A Printable copy of this newsletter is now available on the web-site, see area newsletter tab on the left side of the page.

Do you like the web-blast, do you know others that may benefit from the information provided here, then ask them to sign up! It easy just email admin@capitalareancna.com with your email and we will add you to the distribution list. You can also fill out a contact card on the web-site.

H&I has some great opportunities available to serve. There are positions on most of the panels and even opportunities to lead a panel, please attend the area H&I sub-committee meeting for more information

The new meeting schedules are updated and available on-line at the Capital Area Web-site. The web-site meeting list includes maps to the meetings. In order to have your meeting listed you must come to the area and make a formal request. If you're a new group come to area and see how we can serve your needs.

Outreach is working hard to help your group, they offer GSR orientations for all GSR's, not just new ones, at 1:15 each month at their sub-committee meeting.

Activities Committee would like to thank all the members that volunteered to make this years anniversary celebration a success. Thank you!

Support our Meetings: These groups are seeking support

Let the healing begin **New Horizons Group (Raleigh)**

We Do Recover Group **Living by the Book**

Constantly Searching **Out of the Forest**

Highlights to this week in the capital area:

- The Capital Area service committee meets this Sunday at 2:00 pm, with sub-committees meeting at 12:30.
- A special thanks to all who supported and Attended the 26th anniversary of the capital Area. Fun was had by all who attended.

Beyond this week:

- IF your group has an unexpected change, please let us pass that information to members with a web-blast. Email details to [admin@capitalarencna.com](mailto:admin@capitalareancna.com)
- *The convention Committees planned Super Bowl party for February 6th, 2011. Has been Canceled. No further details have been provided.*
- On February 12th, the convention committee will ne sponsoring a Valentines day dance. Please see the event calendar for more details.
- On February 18th Man Up group will be celebrating its anniversary.
- Remember to support your groups.

To have an event listed simply email the information to [admin@capitalarencna.com](mailto:admin@capitalareancna.com)

Our Area Has a Calendar on Its Web-Site

www.capitalareancna.com/Events

